

Fashion Clownette's Costume Academy

Bras & Panties - Materials List

I'm here for you - email me with ANY questions! axel@fashionclownette.com

1. A bra and/or panty pattern.

There are TONS of patterns to choose from. I've included a list of links at the bottom of this document. If you choose a "print at home" pattern, make sure to print and assemble the pattern BEFORE class and print all the sewing instructions as well.

Make sure to purchase your pattern in the correct **size range**. Many patterns come with all sizes in one envelope, but some are split up into ranges (i.e. size 8-12 or size 14-20). Pattern sizes are based on body measurements, not ready-to-wear clothing sizes. Look for the **body measurement** chart and choose your bra pattern size based on your bust measurement and your panty pattern size based on your waist measurement. **Don't worry too much at this point about perfect sizing.** We will discuss this in class together and make alterations to the pattern if needed to make sure it fits you perfectly. The most important thing at this point is that you purchase a pattern that contains the correct **size range**.

I want you to choose projects that you are excited about, but I also want you to be able to complete them within the 5 class periods we have together and have a fun time. Many pattern companies will rank their patterns in terms of difficulty (i.e. simple, easy, beginner, confident beginner, average, intermediate, advanced). Try not to choose a complicated or advanced design if you are super new to sewing. If you choose easy designs, you will likely be able to sew multiple items in the time we have together. If you choose an advanced/complicated design, it might be your only project for this class. Not sure? Email me links and we can discuss!

2. Fabric & Notions.

Your pattern will tell you how much of each fabric type is required for your design and this info is typically found on the back of the envelope (or with the pattern instructions) in the form of yardage charts that are organized by size. I recommend getting at least 1/2 yard of extra fabric so that we can do some test stitching. Also, some fabrics shrink when you wash them for the first time, so getting extra will ensure you have enough yardage. **Please wash and dry your fabric before class according to care instructions.** Common fabric types for bras and panties include moderate stretch knits like cotton knit, jersey, interlock, stretch modal, swim lycra, mesh, power mesh, stretch lace, etc. For crotch gussets, choose stretch fabrics that are comfortable and breathable with fibers like cotton, modal or rayon.

Your pattern will also call for other items like elastic (in various widths $\frac{3}{8}$ ", $\frac{1}{2}$ ", $\frac{3}{4}$ ", etc. and types like bra strap, fold over elastic, plush back elastic, etc.), hardware (like rings, sliders, hook and eye panels) or foam for bra cups. You can find this info on the back of the pattern envelope or with the pattern instructions. If you need help determining what you need for your design(s) please don't hesitate to email me!

3. Tools

You'll need ball-point sewing needles (size 70/10 or 75/11) and all purpose, 100% polyester thread.

We will sew our bras & panties with regular home sewing machines using a zig zag stitch. It is best if your sewing machine has the capability to adjust the width of the zig zag rather than using pre-programmed zig-zag stitches. If you are unsure, just bring your machine and we will figure it out. If your machine won't work, you can use one of mine.

Bring your favorite sharp scissors, snips, pins and sewing tools, or borrow mine.

Online sources for lingerie fabrics and notions:

[The Bra Makery](#)

[Picara Threads](#)

[Jolemina](#)

[Emerald Erin](#)

[The Bra Shop](#)

[Madalynne](#)

[Salt Lake Sewcity](#)

[Lily Pad](#)

[Surge Fabric Shop](#)

[Gigi's Bra Supply](#)

[Bra & Corset Supply](#)

[Wawak](#)

Bra & Panty Patterns!

Closet Core:

https://corefabricstore.com/collections/patterns/products/anais-undies-pattern?_pos=4&_fid=208570e1b&_ss=c

https://corefabricstore.com/collections/patterns/products/celine-bralette-pattern?_pos=5&_fid=208570e1b&_ss=c

Seamwork:

<https://www.seamwork.com/catalog/fable>

<https://www.seamwork.com/catalog/robin>

<https://www.seamwork.com/catalog/flo>

<https://www.seamwork.com/catalog/dana>

<https://www.seamwork.com/catalog/florence>

<https://www.seamwork.com/catalog/geneva>

Megan Nielson:

<https://megannielsen.com/collections/sewing-patterns/products/acacia-underwear-sewing-pattern>

<https://megannielsen.com/collections/sewing-patterns/products/acacia-curve-underwear-sewing-pattern>

Cloth Habit:

<https://shop.clothhabit.com>

<https://shop.clothhabit.com/products/rosy-ladyshorts>

Kwik Sew:

<https://www.sewsassy.com/BraProducts/kwik-sew-bra-patterns.html>

McCalls:

<https://simplicity.com/mccalls/pdm7516>

Simplicity:

<https://simplicity.com/simplicity/s8228>

<https://simplicity.com/simplicity/s8229>

<https://simplicity.com/simplicity/s1426>

<https://simplicity.com/simplicity/s8510>

<https://simplicity.com/simplicity/s9478>

<https://simplicity.com/simplicity/s9833>

LilyPad:

<https://www.lilypadesigns.com/patterns>

Bravo Bella:

<https://bravobellabras.com/p/patterns>

Trans Women:

<https://madalynne.com/product/adrian-transgender-lingerie-pattern/>

Period Panty:

<https://www.brabuilders.com/collections/patterns-books-and-dvds/products/sophie-hines-perfect-period-panties-pattern-paper>

Etsy:

https://www.etsy.com/listing/1385605801/basic-bralette-sewing-pattern-pdf?click_key=4abb811e3d73b261af5adb4db6c4713092ccbbea%3A1385605801&click_sum=bd4ed1e1&ref=shop_home_recs_1

https://www.etsy.com/listing/1394713828/tina-bralette-instant-digital-download?click_key=6327acbe68a1d075a96a932db8f7ce717f279ff5%3A1394713828&click_sum=a0e4c123&ref=sim_items_grid-1&pro=1

https://www.etsy.com/listing/560564542/soft-cup-full-band-bra-bralette-sewing?click_key=ccab81545dc56909c9781ffd10baec994aeaaa3b%3A560564542&click_sum=31d1ecff&ref=internal_similar_listing_bot-1&listing_id=560564542&listing_slug=soft-cup-full-band-bra-bralette-sewing

https://www.etsy.com/listing/1175073202/dolche-plus-size-bra-pattern-sewing?click_key=ff6766cc30e1af63b02f397e06515cecf0b43268%3A1175073202&click_sum=e28d4907&ref=shop_home_active_1&cr=1

https://www.etsy.com/listing/1408897955/calla-panties-instant-digital-download?click_key=0e1e3d06a9cd4fd9192ccf1c4d267b47d2aa5469%3A1408897955&click_sum=98b93f3c&ref=shop_home_active_2&pro=1

https://www.etsy.com/listing/978713815/plus-set-101-plus-size-bra-and-panty-set?click_key=e0dc2e72fb803a68eed54a0d338ced4c06c12c6a%3A978713815&click_sum=0375c038&ref=sim_items_grid-3&sts=1

https://www.etsy.com/listing/736531708/chloe-underwire-bra-sewing-pattern-pdf?click_key=06f0bb3655d9a3c6525abc58b51396f6d7024c07%3A736531708&click_sum=af41512d&ref=shop_home_feat_1&pro=1&sts=1

https://www.etsy.com/listing/875461232/bralette-pdf-sewing-pattern-and?ref=user_profile

https://www.etsy.com/listing/579724912/panties-sewing-pattern-video-tutorial?click_key=9255603b78a5ba15c362488560516bf166d3d0f0%3A579724912&click_sum=9c19a723&ref=shop_home_recs_2

https://www.etsy.com/listing/592155903/underpants-sewing-pattern-projector-file?click_key=e88ca24bb49a74e4097a2d761b2dfb5d2e891d5d%3A592155903&click_sum=bb67ee0a&ref=shop_home_recs_8

https://www.etsy.com/listing/1426088341/vintage-panties-sewing-pattern-vintage?click_key=f55a609f068770d8418324c961938f3fc5f23fa6%3A1426088341&click_sum=f51cd661&ref=shop_home_active_7

https://www.etsy.com/listing/1426025637/vintage-80s-bra-digital-sewing-pattern?click_key=745a1149a7a596a111d0963b2333eba476c177e4%3A1426025637&click_sum=37ba9648&ref=shop_home_active_10

https://www.etsy.com/listing/1048661368/pdf-1990s-panties-4-style-panties-kwik?click_key=d429a805029d5f7377682fbde67c5c664c2500b0%3A1048661368&click_sum=c43dd2d3&ref=shop_home_active_12

https://www.etsy.com/listing/1186073697/vintage-lingerie-sewing-bra-and-panties?click_key=2c975a68f596811d0e772f49f0713966b6b487ca%3A1186073697&click_sum=2a985c80&ref=shop_home_active_20

https://www.etsy.com/listing/1425995943/vintage-lingerie-sewing-bra-and-panties?click_key=dae5992319955158963a89d166046d404676de06%3A1425995943&click_sum=ed89f56d&ref=shop_home_active_26

https://www.etsy.com/listing/1186095983/vintage-lingerie-sewing-teen-triangle?click_key=14d74c252711a912f19811af793619843a27c55a%3A1186095983&click_sum=44af3cd5&ref=shop_home_active_36&cr=1

https://www.etsy.com/shop/OrangeLingerie?ref=shop-header-name&listing_id=235545519&from_page=listing

https://www.etsy.com/listing/719207811/black-beauty-bra-sizes-28-40-b-dd-pdf?click_key=47faf27964508e2a93886a0e6da8dcdb097b1d8a%3A719207811&click_sum=7ee7e36d&ref=shop_home_strv-5&sts=1

https://www.etsy.com/shop/EmeraldErinInc?ref=shop-header-name&listing_id=719207811&from_page=listing§ion_id=23366158

https://www.etsy.com/listing/1396818490/minnie-french-knickers-sewing-pattern?ga_order=most_relevant&ga_search_type=all&ga_view_type=gallery&ga_search_query=lingerie+making+supplies&ref=sr_gallery-2-14&dd=1&content_source=00e615e3b33c970706dcbd8b65f4919fd15b9b2e%253A1396818490&search_preloaded_img=1&organic_search_click=1

https://www.etsy.com/shop/EvielaLuvDIY?ref=shop-header-name&listing_id=1396818490&from_page=listing&page=1#items

https://www.etsy.com/shop/StudioOfArtPatterns?ref=shop-header-name&listing_id=1507667721&from_page=listing§ion_id=41512054

Men's:

<https://www.brabuilders.com/collections/patterns-books-and-dvds/products/jalie-gerald-mens-underwear-pattern-3242>

<https://www.brabuilders.com/collections/patterns-books-and-dvds/products/jalie-family-underwear-pattern-3242>

<https://www.sewitlikeaman.com/collections/underwear>

<https://wardrobebyme.com/collections/mens-underwear-patterns/products/boxer-brief-sewing-pattern>

<https://wardrobebyme.com/collections/mens-underwear-patterns/products/mens-boxer-shorts-sewing-pattern>